

## ESTARTERS:

Edamame with soy and sesame dressing **3,00€**

Wakame gum seaweed salad **3,00€**

Piquillo pepper hummus with lentil and beetroot nachos **4,90€**

Chickpea and corn nachos with guacamole **4,90€**

Quesadillas with guacamole **4,50€**

Beef and chicken gyozas with spicy curry and soy (6 uds) **6,90€**

Vegetable gyozas with soy (6 uds) **6,90€**

Prawn spiral with coconut anda curry (6uds) **8,80€**

Salmon tartar with avocado, lime and sesame seeds. **9,30€**

Tuna tartar with avocado, mango, teriyaki, wakame, red onion and sesame seeds **9,30€**

"Pulpo a feira" croquettes (8uds) **9,30€** (Optopus)



### RECOMMENDED POKES

**UMAMI:** round rice, prawns, salmon, cherry tomatoes, pineapple, wakame, crispy onion, soy sauce and sesame seeds **10,30€ / 13,30€**

**HONOLULU:** round rice, salmon, tuna, edamame, avocado, nori seaweed, crispy onion, teriyaki and sesame seeds **12,90€ / 15,30€**

**VEGAN MOA:** round rice, heura, cucumber, red onion, corn, edamame, mango, teriyaki and sesame seeds **10,90€ / 13,90€**

**PASTA FREDDA:** pasta, chicken, cherry tomatoes, lamb's lettuce and rocket, galmesan cheese, yoghurt dressing and chia seeds **7,20€/ 10,20€**

**KALIMA:** round rice, soy marinated salmon, cream cheese, mango, avocado tenkasu and sesame seeds **12,50€ / 15,50€**

**WAKEA LANZADA:** round rice, soy marinated tuna, red onion, wakame seaweed, avocado, edamame, wasabi peas and aioli wasabi dressing **13,50€ / 15,50€**

**MOA:** round rice, chicken, cherry tomatoes, corn, mango, pineapple, edamame, avocado, cashew nuts, umami sauce and poppy seeds **11,50€ / 14,50€**

**KAI:** round rice, tuna marinated in teriyaki, mango, edamame, lamb's lettuce and rocket, wakame, bitter-sweet dressing and sesame seeds **11,90€ / 14,90€**

**MAHALO:** clamb's lettuce and rocket, lime marinated prawns, strawberries, mango, cucumber, corn, umami dressing and poppy seeds **9,30€ / 12,30€**

**ALOHA:** pasta, fresh cheese, galmesan cheese, cherry tomatoes, carrot, mezclum, cashew nuts, pesto and sesame seeds **7,50€ / 10,50€**

# Pokes



### POKE TACOS

Corn tortilla with guacamole, chicken/heura, rocket, tomato, red onion and lime (3 uds) **6,50€**

Corn tortilla with salmon, avocado, carrot, red cabbage, corianer, lime and spicy mayo (3 uds) **8,30€**

### POKE BURRITOS

Flour tortilla with cream cheese, japanese rice, smoked salmon tomato and spicy mayo **9,40€**

Flour tortilla with teriyaki chicken, carrot, rocket, cucumber, red onion and alioli wasabi **8,70€**



POKE  
**UMAMI**  
Restobar